



ESHAN COLLEGE OF ENGINEERING

(Approved by AICTE, New Delhi, Affiliated to Dr. A.P.J Abdul Kalam Technical University, Lucknow)
Sahzadpur Pauri, NH-2, Agra-Mathura Highway, Mathura-281122, Uttar Pradesh
Website: www.eshancollege.com

Report of Awareness to students about to develop healthy mindset through balanced Diet (21.02.2018)



Date: 21.02.2018

I was apprised about the event named Induction programme 2018 being conducted by Eshan College of Engineering, Mathura. I was invited in the event as a Chief Guest and then I delivered a keynote on how to develop a healthy mindset. To do so one needs to follow a certain set of planned nutritious and healthy diet. It was an enriching experience on speaking about the topic and found it very interactive over the matter when newly admitted students of current academic session were so much excited about the keywords on how to live a healthy lifestyle. Addressing the youth about the topic on consuming a nutritious diet is very enthralling as this very youth decides the future roadmap of our society.

I wish good luck and healthy life to Eshan family for many more years to come.

Dang

Dr. Renuka Dang



Helpline No. : +91-8191022444

NH-19, Near Guru Ka Tal, Sikandra, Agra-282 007, Ph.: +91 562 2600531-540 E-mail : info@rainbowhospitals.org, Website : www.rainbowhospitals.org

Letter of Appreciation issued by Dietician Dr. Renuka Dang on creating awareness about
healthy lifestyle